

SpecialOffers@AnthemSM

Fitness Reimbursement Program

for Anthem members of the City of Manchester



It pays to exercise regularly.

When you join a fitness club, not only will you reap the rewards of good health, you can earn \$200!

Here's how to get started:

You or an eligible family member can receive up to \$200 per calendar year toward your membership dues/fees when you exercise regularly at a fitness club. First simply confirm your eligibility for this fitness reimbursement program by calling Customer Service at 1-800-870-3122.

Now here's how it works:

- Only one member per contract may participate.
- Choose an established fitness club that offers the type of cardiovascular and strength training programs, classes and exercise equipment that is right for you. Fees paid for attending aerobic/fitness classes at an established fitness club without an annual membership are also reimbursable.
- Exercise at that facility **three times a week for at least 11 out of 13 consecutive weeks.**
- Each time you exercise, record it on the Fitness Reimbursement Program Log Card and ask a fitness club staff person to initial it until the card is completed. (One card is enclosed to get you started.) **Workouts may be recorded on the Fitness Reimbursement Program Log Card or fitness club attendance reports.** You can get additional forms at anthem.com or by calling Anthem Customer Service at 1-800-870-3122.

Reimbursement steps:

1. Pay your fitness club dues/fees or classes fees and keep the receipt(s). When it's time to get reimbursed, you'll need to submit original receipts. If you pay electronically, you can send copies of bank or credit card statements. Receipts must show:
 - the name of the person the membership/classes were purchased for
 - description of the membership/classes purchased
 - name of the health club
 - the amount paid
 - date of payment
2. Complete the attached Fitness Reimbursement Form; then sign and date it. Instructions are on the back of the form.
3. Mail the: (1) completed Fitness Reimbursement Form, (2) Fitness Reimbursement Program Log Card or fitness club attendance report and (3) original receipt(s) to:

Claims Department
Anthem Blue Cross and Blue Shield
P.O. Box 533
North Haven, CT 06473-0533

Note: If you are a spouse currently working for the City of Manchester, please have a letter from your company's HR department stating that you are also a City of Manchester employee.

[More >](#)



Fitness Reimbursement Conditions:

- Reimbursement is on a calendar year basis (January 1 – December 31). Log cards and receipts need to reflect activity within a calendar year. Log cards must be started no later than October 1 of a given year to meet the 13 weeks of exercise requirement within that calendar year.
- You must be an active, regular full-time employee or the dependent of a regular full-time employee to be eligible for participation in this program.
- No photocopies of receipts or log cards will be accepted. Photocopies of bank or credit card statements are acceptable if you pay electronically.
- Reimbursement is limited to a maximum of \$200 per eligible participant per calendar year based on the amount shown on the receipt(s) submitted. Only one member per contract may participate.
- No credit will be issued for unused portions of the calendar year fitness reimbursement.
- Your reimbursement request must be received by us within one year from the completion of your Fitness Reimbursement Program Log Card.
- **The following *do not qualify for this program*:** martial arts centers; gymnastics facilities; country clubs; tennis, aerobic and pool-only facilities; social clubs and sports teams and leagues. Dues or fees for participating in aerobic/fitness activities at any of these non-qualified facilities, as well as fees for personal training, lessons, coaching and exercise equipment or clothing purchases will not be covered.



Get started now!

For more information, contact Anthem Customer Service at 1-800-870-3122.

Please consult your physician before beginning any new exercise program.